





# WHAT'S ON NEWSLETTER

Term 2 Weeks 6 and 7 (13 June - 26 June)





## IMPORTANT INFORMATION

































**MERICI COLLEGE** 

Wise St Braddon GPO Box 154 Canberra ACT 2601

Telephone (02) 6243 4100 Facsimile (02) 6243 4199

principal@merici.act.edu.au www.merici.act.edu.au

SPECIAL REPORT

# Building Resilience Post Pandemic



Merici College School TV – Building Resilience Post Pandemic

Unfortunately, the mental health of young people has been significantly impacted by the pandemic. As many families settle back into pre-COVID routines, there seems to be a pervasive sense of optimism about what lies ahead.

Unfortunately children and teens are not immune to what is now being termed the "psychological pandemic". Young people are at risk of not achieving the primary demands of developmental tasks such as procuring independence, identity formation, as well as obtaining and maintaining peer relationships. What kids need most in the current environment is support, understanding, empathy and encouragement from caring adults. They live up or down to the expectations we set for them.

If there is a panacea to the adversity caused by the pandemic, then it is the building of resilience. Resilience is the capacity to face, overcome, be strengthened and transformed by adversity. Never before, have parents needed the skills, the knowledge and the strategies to build resilience in their children as much as they do now. There are 7 integral and interrelated components that make up being resilient that can help young people thrive and develop healthy coping strategies.

This Special Report explores the "7 C's of Resilience" and includes suggested strategies on how adult carers can best facilitate them.

We hope you take time to reflect on the information offered in this Special Report, and as always, we welcome your feedback.

Here is the link to your special report:

https://merici.act.schooltv.me/wellbeing news/special-report-building-resilience-post-pandemic

## Tell Them From Me® (TTFM®) Parent and Student Survey (closes Friday 17 June)

As part of our focus on school effectiveness, Merici College will be participating in an online survey for students & parents – Tell Them From Me® (TTFM®). The survey will provide us with valuable feedback for reflection & improvement

Student Survey

ACT 2612

During the next few weeks, all students will be given the opportunity and time to participate in this survey during regular school hours. Students who agree to complete the survey will be given a random username and password to access and complete the survey online. Students' names cannot be linked to their responses which allows it to be completely anonymous. Results will show all student scores combined together – it is not possible to single out individual students in the results.

The survey takes approximately 15-20 minutes to complete. The survey measures include such topics as emotional and social well-being, physical health, and behaviours and attitudes linked to student success. The survey also allows students to give their thoughts and feedback in openended question responses.

Participation in the survey is entirely voluntary. Your child will not take part if either you or your child do not wish to. If, during the survey, your child is uncomfortable answering any question, she should leave it blank and move on to the next one. Your child can stop the survey at any time. We will be providing some time during a long Pastoral care lesson on Monday 6 June for students to complete.

If you do not want your child to take part in the survey, please complete the opt-out form <a href="mailto:here">here</a> and return it to Mr Phil Coe, Deputy Principal Development c/- <a href="mailto:ros.parisi@merici.act.edu.au">ros.parisi@merici.act.edu.au</a>. If you would like more information, please do not hesitate to contact the College.

#### Parent Survey

We would like to invite you as parents/carers to complete the *Tell Them From Me (TTFM)* Partners in Learning survey. As we value the role of parents and carers within our school community, we would greatly appreciate your feedback. The information you provide will be used to maintain our commitment to working together in partnership to further improve student learning and wellbeing at Merici College.

The survey is anonymous and will take approximately 20 minutes to complete. You are able to access the parent survey on your computer or mobile device by using the URL below: https://tinyurl.com/ttfm-merici.

Please note that the survey will automatically close Friday 17 June 4.30pm.

#### Tutoring available at Merici

Merici College offers a range of tutoring support across different departments:

Mathematics Department: Tutoring is offered by Maths staff at Lunchtime on Tuesdays and Thursdays in the Pentony Centre. For further information, please contact Ed Mickleburgh (Maths Coordinator), email Ed.Mickleburgh@merici.act.edu.au.

#### Languages Department: Language Buddies Program

The aim of the Language Buddies Program is to provide extra assistance for students who are finding learning French, Italian or Chinese challenging. The program is available from students in Year 9. 10, 11 and 12 for students in the junior years. Students meet at Lunchtime in the Penola Flex.

Sessions: Mondays – Italian, Wednesdays – French, Fridays - Chinese For further information please contact Jen Baines (Languages Coordintor), email Jen.Baines@merici.act.edu.au.

**English Department**: English tutoring is available every Monday at Lunchtime. The English staff provide support in homework, skills or practice tasks.

When: Every Monday lunchtime Where: Room 201 in the CRLC

For further information please contact Luke Nott (English Coordinator), email

Luke.Nott@merici.act.edu.au.

Inclusive Education: Cross-age tutoring: Cross-age tutoring is available from students in Years 9, 10, 11 and 12 for students in the junior years. Older students are paired with junior students according to academic interests and needs.

When: Students meet at lunch time (12:44pm-1:24pm) or after school (3:30pm-4:30pm).

How often: Once a week Monday to Thursday only.

Where: I.C. Hub (located in the school library)

For further information please contact Karen Evans (Inclusive Education Co-ordinator), email <a href="mailto:Karen.Evans@merici.act.edu.au">Karen.Evans@merici.act.edu.au</a> or Sarah Cusack (Cross-age Tutoring Facilitator), email <a href="mailto:Sarah.Cusack@merici.act.edu.au">Sarah.Cusack@merici.act.edu.au</a>

Homework Club: Homework Club is an after-school service which provides study assistance and support from the Inclusive Education staff.

When: Monday and Tuesday, 3:15 to 4:15pm.

Where: I.C. Flex (located in the school library)

For further information please contact Karen Evans (Inclusive Education Co-ordinator), email <a href="mailto:Karen.Evans@merici.act.edu.au">Karen.Evans@merici.act.edu.au</a> or Karen Williams (Inclusive Education Assistant), email <a href="mailto:Karen.Williams@merici.act.edu.au">Karen.Williams@merici.act.edu.au</a>.

Academic Care Sessions - staffed by House Co-ordinators: Students in each of the six Merici Houses have the opportunity to attend afternoon study sessions facilitated by House Co-ordinators. Senior students (including Year 10) are encouraged to assist junior students. Service hours can be accrued for these sessions. All students can use this time to study or work on their own assessment. Parents will receive email reminders to notify them about upcoming sessions. When: Wednesday, (3:30 – 4:30pm).

Where: CRLC (Catherine Rey Learning Centre)

## WHOLE SCHOOL ACTIVITIES

#### End of Semester Reports

On Friday 1 July, semester 1 reports will be released through SEQTA. Students will be able to see their reports through SEQTA Learn and parents will be able to access them through SEQTA Engage. Reports will no longer be emailed like in previous years.

If you have not registered your SEQTA Engage for parent access, please go to the school website to register your account.

The reports are a culmination of your daughters learning across semester 1. If you have any questions or concerns about your daughters report, please email the teacher of the subject. Our email addresses all follow the pattern of <a href="mailto:firstname.surname@merici.act.edu.au">firstname.surname@merici.act.edu.au</a>

#### Public Holiday (Monday 13 June)

### Pupil Free Day (Tuesday 14 June)

Please note that Tuesday 14 June is a pupil free day for all students except for senior BSSS students who are sitting their exams as per the exam schedule.

## **YEARS 10, 11 AND 12 NEWS**

#### Year 11 and 12 BSSS Exams

Year 11 and 12 BSSS students will sit their end of Semester 1 exams on 10 June and between 14-17 June in the College Auditorium. Students are expected to attend all exams. They are not required to be at school outside of their exams.

No BSSS classes will run during this week. If students are unable to attend exams, medical certificates are required to cover any absences to avoid academic penalties.

The last day for school attendance for Year 11 and 12 BSSS students is **Tuesday 21 June**.

### Year 11 2023 Subject Selections

Year 10 students have received an email on Monday 23 May with their link to their subject selections for Year 11 2023. Students will need to enter their study package (BSSS or IB) as well as their individual subjects. Students are encouraged to speak with their teachers about subjects of interest to them and read through their Senior Subject Handbooks given out in their information pack at the Information Evening.

Students are asked to enter their subject choices by Friday 2 July. Their selections will then be discussed at their individual transitions meetings that will be held in Term 3, weeks 3 & 4.

## **CAREERS NEWS**

#### 2022 Student Outcomes Survey: Have your say about training

Did you complete training in 2021? If so, you may be invited to participate in the National Student Outcomes Survey, Australia's largest survey of VET students.

Check your mobile, email or letter box for your survey invitation from the SOS team. To complete the survey, click on the link in your survey invitation or go to <a href="https://www.ncver.edu.au/sos/login">www.ncver.edu.au/sos/login</a> and enter the login code provided.

Completing this survey will help to improve training courses and programs, and help students like yourself to make better decisions about their training options.



Make sure to complete your survey early for more chances to WIN a share of the prize draw! Invitations will be sent to eligible students from June 2022.

For more about the survey, including what information is collected and how survey responses will be reported, you can read the FAQs here: <a href="https://www.ncver.edu.au/sos">www.ncver.edu.au/sos</a>.

### **IB NEWS**



#### **Extended Essay**

Students should have submitted their subject and area of interest to Natalie Fairfax the Extended Essay Coordinator. Supervisors will be allocated by Monday 13<sup>th</sup> June.

### Changes to Assessment

Due to the Pupil Free day (14<sup>th</sup> June) that was scheduled after the assessment calendar was constructed, we have made the following arrangements about the two assessment tasks on that day.

- 1) Biology Test Moved to June 21<sup>st</sup> during the regular class double period. we hope this will relieve some pressure next week.
- 2) Math test will be emailed home, and students are to complete it during their regular scheduled lesson and email it back to their teacher in the set time period stated.

#### No Exam Leave

A reminder IB DP students continue in their regular classes until the end of term (July 1<sup>st</sup>). They do not get exam leave and are expected to be in full school uniform.



Event	Date	Audience	Information
Personal	15 June,	Year 10	Focus will be on Criterion C:
Project	Week 8	students	Reflecting.
Workshop			
#8			
Personal	24 June,	Year 10	Focus will be on Report Writing
Project	Week 9	students	
Workshop			
#9			

## Approaches to Learning (ATLs) in Religious Education



MYP unit: Year 7: Where it all began

Skill cluster: Communication Skills

Specific Skill: write for different

purposes

Year 7 students have been reading, writing and using language for different purposes this semester, in class and on their assessment task. Task 1 involved the girls creating a presentation that could be used at a year 6 Merici College information evening, informing prospective students and parents about the benefits of being at Merici College.







Task 2 has seen the girls working on creating a report that explores the shared history of the Abrahamic religions – Judaism, Christianity and Islam. The students will also explain how adherents of these religions remember and celebrate these shared beginnings today.

## **SCIENCE NEWS**

There are a number of science competitions coming up in early Term 3, and **now is the time to register**.

To register, students should email Dr Kathryn White (<u>kathryn.white@merici.act.edu.au</u>) and let her know which of the competitions below they would like to enter.

- 1. Years 7-12: International Chemistry Quiz: 30 multiple choice questions in 60 minutes.
- 2. Style is similar to Big Science Competition, but focuses chemistry.
- 3. Email before 9 June to register for this competition.
- 1. Years 7-10: Australian Junior Science Olympiad: 2 hour exam.
- 2. This is a challenging general science competition for Years 7-10. In additions, students turning 15 or younger this year are additionally eligible to be selected for further training programs that lead to representing Australia in the International Junior Science Olympiad.
- 3. Email before the end of term to register for this competition.
- 1. Years 10-12: <u>Australian Science Olympiads: Biology, Chemistry, Physics and Earth Science: 2 hour exam each.</u>
- 2. These are the senior versions of the Junior Science Olympiad, and students can sit one or all of them. As with the Junior Science Olympiad, they lead to further training schools and eventually to the International Olympiads. We have had students chosen for extension summer schools for the last four years running.
- 3. Email before the end of term to register for any of these competitions.

## **iC NEWS**

As we near the end of the semester, it is an ideal time to remind students to return any



Oliver

textbooks or library books that they have finished reading and using. Every week we send overdue notices to students via email, but these are often ignored. We ask your help to ensure resources are returned speedily, as these resources are often



needed by other students for the coming semester. Students are able to check their account through Oliver on SEQTA, by logging in. Their loan details can be found on the drop down under their name.

A reminder that ClickView is a resource available to all students 24/7 through the Merici SEQTA homepage or <a href="http://online.clickview.com.au/">http://online.clickview.com.au/</a>. It can also be accessed on mobile devices via the ClickView app which can be downloaded via iTunes or the Google Playstore. ClickView has an amazing range of video content suitable for educational and recreational purposes. A great resource to utilise over the upcoming holidays.

Yours in reading *iC* staff

## **DEFENCE NEWS**

Please keep an eye on your email inbox as the Year 7 and 8 Birrigai excursion consent forms are on their way! This excursion is usually held in Term 1 with Defence students from other schools. However, Birrigai has only just reopened for 2022 and we've secured a spot in Term 3 as a *Merici Only* excursion. It's a very popular and fun excursion designed to build friendships with other Defence students. Families will be emailed the consent forms this week.

**Who:** 17 students spots are available. It is open to Defence Family students at Merici College, in Years 7 and 8. Please note that the first 17 consent forms received will join the excursion.

When: Thursday 21 July, Week 1 Term 3

**What:** One day excursion to Birrigai Outdoor School, departing 9am, returning 3pm on the Merici bus. Outdoor activities available can include Crate Climb, Abseiling, Giant swing, Flying Fox and a vertical play pen.

The excursion costs \$65 per student.

You can email your consent and payment slip to <a href="kate.friend@merici.act.edu.au">kate.friend@merici.act.edu.au</a> or drop it into the Defence Office near Room 222.

#### Week 8 Catch Up

Thursday 16 June, all year groups. Lunch time drop into Room 222 for a warm spot to eat your lunch and grab a snack.

#### Week 9 Catch Up

Tuesday 21 June Year 9 and 10 bring a friend and drop into Room 222 for a warm spot to eat your lunch.

Thursday 23 June Year 7 and 8 bring a friend and drop into Room 222 for a warm spot to each your lunch. Questions regarding the Birrigai excursion will be welcome!

Families are always welcome to contact Kate with any questions or to update family deployment information. <u>Kate.friend@merici.act.edu.au</u> or telephone 02 6243 4190

## CREATIVE AND PERFORMING ARTS

#### 2022 Showcase (Tuesday 21 June – Wednesday 22 June)

Dance | Photography | Visual Arts | Media | Design & Graphics | Music | Vocal | Drama | Textiles

Exhibition Opening - Tuesday 21 June 2022 Refreshments 5.00pm-5.45pm in the Auditorium Foyer Official Opening 6pm-8pm

Please RSVP your attendance to the Exhibition Opening by Tuesday 14 June at <a href="https://www.trybooking.com/BZVNA">https://www.trybooking.com/BZVNA</a>

**Exhibition Viewing -** Tuesday 21 June from 5pm, Wednesday 22 June 9am - 3pm



# **UPCOMING EVENTS (Term 2 Week 10 and Term 3 Week 1)**

Pupil Free Day (Monday 20 June)

CAPA Showcase (Tuesday 21 June – Wednesday 22 June)

Year 10 Transitions Forum (Monday 27 June – Thursday 30 June)

Year 10 Retreat (Friday 1 July)

Term 2 ends (Friday 1 July)

Term 3 begins for staff (Monday 18 July)

Term 3 begins for students (Tuesday 19 July)

Snow Sports Interschools Competition (Tuesday 19 July – Friday 22 July)

Year 8 Retreat CSYMA (Wednesday 20 July)

Year 12 Retreat (Wednesday 20 July – Friday 22 July)