

Term 2 Weeks 2 and 3 (Monday 6 May-Sunday 19 May)



Merici College Enrolling Now 2025 Campaign (April/May 2024)

Please click <u>here</u> to find important information on Open Day, Be a Merici Girl days and Information Nights, as well as Bridge Restaurant bookings. Online registration for these events is available and we would welcome your support in forwarding this information to your family members, friends and work colleagues.

Important Dates:

- Open Day Wednesday 8 May 4pm-7:30pm (School tours and classroom activities: 4:00pm-6:00pm, Principal's Address and Year 7 Information Session: 6:00pm-7:30pm)
- Be a Merici Girl Days Friday 3 May, Monday 6 May, Monday 13 May
- Additional Talk and Tour Saturday 11 May
- Year 11 2025 Information Night Tuesday 14 May 5:30pm-7:30pm

Please note that no registration of attendance is required for the Open Day and Information evenings.

Open Day School Tours

We would be grateful if your daughter could stay after-school on Wednesday 8 May and participate in our Open Day activities from 4:00pm-6.00pm. All students must wear full school uniform. Afternoon tea will be provided to the students who are assisting in Open Day activities at 3.30pm in the Staffroom. Please make arrangements for your daughter to be collected from school at the conclusion of her activity or at a time suitable to you prior to 6.00pm.

Please click <u>here</u> to find the permission note for your completion.

Enrolment Process

Please note that Mrs Masters has commenced enrolment interviews for 2025. If you are interested in submitting an enrolment application, please follow the link https://www.merici.act.edu.au/enrolment. Please ensure that all supporting documentation is uploaded as required. Documentation includes:

- Birth certificate (not commemorative) or passport.
- Certificate of Baptism (if applicable).
- Last report from previous school (This documentation is required for all applications at Merici College.)
- Family Law, Personal Protection Order or Other Relevant Court Orders (if applicable)
- Visa grant notice for permanent and temporary visa-holders (if applicable) for both student and parent(s) / legal guardian(s)
- Any medical reports and/or other assessment reports for students with additional learning needs (if applicable).

If your daughter is currently attending Year 6 at one of our Catholic Education (CE) primary schools, please ensure that the information entered on the College enrolment application is the same as the information you have previously provided when enrolling your daughter at their primary school. (For example, residential address, email, telephone number).



After your application is submitted, please contact Narelle Patrick, Enrolments Officer, on telephone 62434150 or email narelle.patrick@merici.act.edu.au. Narelle will then schedule an interview for your family to meet with Mrs Masters at a mutually convenient time.

Year 11 2025 - Senior College at Merici

Year 10 parents and students, please note that it is **not** necessary to re-enrol your daughter Year 11 at Merici. Your daughter's enrolment will automatically continue. We will hold our Information Evening in Term 2 on Year Tuesday 14 May 5:30pm-7:30pm where we will go through different packages and pathways for your daughter in Year 11 and 12.

WHOLE SCHOOL ACTIVITIES

Bridge Restaurant (Wednesday 8 May 6:00pm)

The Bridge Restaurant will be open on Wednesday 8 May from 6:00pm. Please email <u>bridge@merici.act.edu.au</u> for all bookings. Visit <u>www.bridge.restaurant</u> for more information and sitting times.

Feast of the Ascension Mass (Thursday 9 May 8:00am)

Ascension Thursday, also known as the Feast of the Ascension of Our Lord and Savior Jesus Christ, is a Holy Day of Obligation for Catholics around the world. On this day, the faithful celebrate Christ's ascension into Heaven on the 40th day after Resurrection.

All community members are invited to attend Mass on Thursday 9 May commencing at 8:00am in the Chapel.

Merici College 65th Anniversary Ball (Saturday 1 June)

All members of our community, past and present students, staff and friends, are invited to celebrate our College's 65th Anniversary at a special Anniversary Ball.

The Ball will be held at the Canberra Southern Cross Club, Woden in Corinna Room 1 with arrivals at 6pm and dinner served from 6.30pm. Tickets: https://events.humanitix.com/merici-college-65th-anniversary-ball

Cost: \$100 per head (Excludes Drinks) Complimentary drink on arrival 3 Course Meal (Alternate Servings) Cash/No-Host Bar Available Entertainment: The Baker Boys

Dress: Formal

Claim the Date: Bridge Benefit Dinner (Saturday 24 August)

Our Hospitality student will be holding a Bridge Benefit Fundraising Dinner on Saturday, 24 August 2024 in the Bridge Restaurant commencing at 6.00pm for a 6.30pm start. This event is an annual student-led initiative that has been held for many years.

This year, the students have decided that all proceeds will be donated to the Ricky Stuart Foundation which was created in 2011 with a clear mission to provide a voice for families and individuals with autism nationally.

Ricky believes passionately in keeping families together, by ensuring that every individual with autism and their family has access to state-of-the-art respite facilities and best practice housing models.

We are seeking donations from our community to be sold at our Bridge Benefit Dinner as part of our 'silent auction'. We would welcome gift vouchers, goods, services, any items that can be added to hampers (such as quality products, jams, kitchen items, picnic, BBQ items, wine, chocolates etc.). In appreciation of your support, your business will be thanked at the event and your logo will be displayed on our school website and social media networks. Cash donations are also welcome. All funds raised at the dinner will be donated to the Ricky Stuart Foundation.

Please email Ros Parisi at <u>ros.parisi@merici.act.edu.au</u>, or telephone 6243 4178 with the details of your donations, business logo and/or any queries you may have.

COUNSELLOR'S CORNER

The Merici Counselling team has been working closely with Headspace National Youth Mental Health Foundation to bring back the workshop initiative for Merici College for another year. During Week 3 or Term 2, Headspace will be providing several workshops targeted at each individual year group, focusing on mental health and wellbeing, understanding emotions, looking out for one another, and transitioning to and from High School. Last year Headspace spoke to Merici students around mental health, bullying, and self care.

Earlier this year, the counselling team sent out a Stress Survey to all students, and we heard you! These workshops are to build on mental health literacy around topics that were most highlighted by the students of Merici College – understanding mental health, building capacity and emotional literacy around understanding our own needs, supporting our friends, and exploring pathways for help-seeking.

Tuesday 14 May 2024

Year 7 will explore **Transitions – Primary to Secondary** with a focus on, understanding how transitions and change can impact mental health, how to manage stress from change, build resilience and healthy coping mechanisms, and strength connection and belonging.

Year 8 will explore **Naming and understanding our emotions** with a focus on understanding the purpose of emotions, and understanding the relationship between feelings, thoughts and emotions. Year 9 students will not be part of these workshops due to the Youth and Adolescent Mental Health Program (YAM) running this year.

Wednesday 15 May 2024

Year 10 and 11 will explore **Looking out for your friends – Notice, Ask, Connect** with a focus on how to identify warning signs that a friend might be going through a tough time, how to have difficult conversations and ask if your friend is okay, and connect: how to help your friend and access support, and strategies for looking after your own wellbeing.

Year 12 will explore **Transitions – Leaving School** and focus on how transitions can impact mental health, common responses, and concerns with leaving school, strategies to support one another during the transition of school and how you can access support to help with your transition.

If you have any questions or require additional information, please reach out to counsellors@merici.act.edu.au

Chelsea and Xian, Merici School Counsellors

YEARS 10, 11 and 12 NEWS

Senior Scholarship Applications now open

Merici College has a range of scholarships available to support the talents and educational achievements of our girls. We currently have scholarships available for Year 7 students, Year 12 Vocational Education and Training Scholarship for current Year 11 students, and Scholarships for current Year 10 Students and future Year 11/12 Students.

Formal Letter of Application: Students are to submit their application of 500 words or less which outlines their achievements in the scholarship categories, nominating a category/ies as appropriate.

Applications due: 1 July

Addressed to: The Principal, Merici College, Wise Street, Braddon, ACT, 2612

Announcement: Term 3

To find out more, please visit https://merici.college/scholarships.

iC NEWS

A simple Google search on the 'benefits of reading' provides a long list of articles on the importance to our health and wellbeing, both from a personal perspective and academic success. Throughout the year junior students are provided with a lesson a fortnight to read for pleasure in their Integrated Humanities or English classes.

During these Wide Reading lessons, we talk about the benefits of reading for pleasure. Those students who chose to pick up and read a book for the love of it, are more likely to make significant progress in vocabulary, spelling, and maths than those who read very little (Sullivan and Brown, 2013; Merga, 2021). Reading for pleasure can increase empathy, improve relationships with others, reduce depression, stress and improve wellbeing throughout life (The Reading Agency, 2015). At school we provide many opportunities to celebrate books and be involved as readers, such as participating in the Kids' Lit Quiz, Book Club and celebrate Book Week (Term 3). In a few weeks time we will start reading the picture books from the short-listed CBCA titles during Wide Reading. How are you supporting your child's recreational reading at home?



A reminder that the iC is open Monday – Thursday 8:30am – 5:30pm and on Friday 8:30am – 4:00pm. Students staying after school, after 3:30 are required to sign into the iC. Homework help is available to any student who would like some extra guidance.

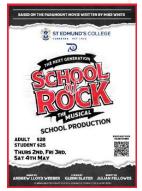
The co-curricular activities offered by the iC staff for Term 2 during lunch times:

Monday – Book Club and Tuesday – Chess Club in the Small Group Room and Thursday – Cosy Café (read a book with hot chocolate in the Reading Area).

Yours in reading,

iC Staff

CREATIVE AND PERFORMING ARTS NEWS



St Edmund's College School Musical, School of Rock

We are very excited to announce that tickets for the St Edmund's College School Musical, School of Rock, are now on sale. Please go along and support our performing Merici students and all the cast and crew for what will be an exceptional performance.

Tickets here, School of Rock - St Edmund's College School Musical | Humanitix

Arts Education Week

One of the many exciting activities we have planned for Arts Education Week is an Arts competition! Please see the flyer for more information. Artworks can be submitted through this Microsoft forms, https://forms.office.com/r/KVHHugXm8e.

OTHER NEWS

ACT Sports Bulletin #6 2024

Please click here to find the latest School Sport ACT bulletin to keep our community up-to-date on school sport events in the ACT.

Annual St. Thomas More Parish Dinner and Forum Lecture

All invited to attend the annual St. Thomas More Parish Dinner and Forum Lecture with our Keynote Speaker Fr Rob Galea, Founder and Executive Director of ICON Ministry, Catholic Priest and internationally acclaimed, author, singer and songwriter. The topic will be ENGAGING AN AI AND METAVERSE GENERATION.

Venue: Mercure Hotel, Limestone Avenue, Braddon ACT 2618

Cost: \$99.00 (Dinner and wine)

Canapes and complimentary glass of sparkling wine on arrival, followed by a two course dinner with a bottle of red

and white wine per table and tea/coffee.

RSVP: 11am Friday 7 June 2024 at forum@stthomasmore.org.au, telephone 0416 823 447.

Please click here to find more information.

Strive Tutors

Strive Tutors is an exclusive private tutoring agency, providing Canberrans with the finest tutors for students from K-12. Our tutors are exceptional students, with many being medical students at the ANU. Our tutoring capabilities in all subject areas and specialising in STEM.

Strive Tutors offer a variety of teaching styles that can suit your child's learning and we offer in-person at home tutoring, ANU on-campus lessons, and online services. Our tutors can offer flexible times to suit your schedule and we aim to provide interactive and engaging learning experiences for all our students.

For more information and parent testimonies, find us on Facebook at https://www.facebook.com/STRIVEtutorsACT or send us an email at StrivetutorsACT@gmail.com.



MUMFEST 2024

Haig Park Village Markets will be running their annual Mother's Day Market, Mumfest, on Sunday 12 May from 8am to 2pm with an incredible lineup of a pamper palace, workshops, live entertainment and much more to make our Mums feel magnificent!

Where: Haig Park, Braddon When: 12 May 2024

Bookings: Entry to the event is free and no bookings

are required.

Website: https://haigparkvillagemarkets.com.au/whats-on/

