

Term 4 Weeks 6 and 7 (Monday 14 November – Sunday 27 November)



Student Movements 2023

It would be greatly appreciated If any families who are aware that their daughter/s will not be continuing at Merici College next year, could please advise your daughter's Pastoral Care teacher and Narelle Patrick, Enrolments Officer (narelle.patrick@merici.act.edu.au) so that we can finalise timetables and classes for 2023.

School Fees

The end of the school year is fast approaching and it is time to have your school fees up to date.

Term 4 school fees were due for payment last Friday 4th November 2022.

If you haven't already done so we would appreciate if you could please settle any outstanding fees as soon as possible. This does not apply to those families who have direct debit arrangements in place.

If you are experiencing any financial difficulties or would like to discuss your fee account please contact our Finance Manager Jodi Wrenford at fees.office@merici.act.edu.au or call 6243 4108 to discuss the options that are available to you.

Extended Day Program - iC and Canteen

Our pre-packaged Click and Collect dinner packs will be available for purchase again next week on WEDNESDAY and THURSDAY only. Orders need to be collected by 6.15pm on Wednesday and Thursday.

Meals have been updated and the Click and Collect ordering system is now open for you to place your order. This system will close next Tuesday. Please access the online system here. This service can also be accessed by logging into SEQTA and entering the *online credit top up* which will lead you to the online ordering system where you can now select *CANTEEN*. Once you're in, you can order for Wednesday or Thursday.

Please keep in mind that each meal serves two people.

Buon appetito!

SchoolTV

In this edition of SchoolTV - EXAM JITTERS

Every year, more and more emphasis is placed on achieving good results in exams causing many students to feel extraordinary pressure and having unrealistic expectations. This month on SchoolTV, parents will find advice on how to help students cope with the pressure and how students can work smarter to achieve the results they desire.





Exams are like a game. Once you know how to play the game, your chances of achieving great results rapidly increase. Parents can learn how to assist their kids to maintain perspective and keep their sanity intact during exam time.

Diet, exercise and sleep all play an important part in helping a student balance a busy schedule and study smarter. Keeping stress levels to a minimum and reducing anxiety can be easily achieved through careful planning and having a supportive environment.

We hope you take time to reflect on the information offered in this edition of SchoolTV and we always welcome your feedback.

Here is the link to the Exam Jitters edition of SchoolTV: https://merici.act.schooltv.me/newsletter/exam-jitters

COUNSELLOR'S CORNER - SOCIAL MEDIA AND SHARING IMAGES

In my role as College Counsellor, I am privileged to gain insight and understanding about common problems and challenges that our students face daily. Themes of loneliness, stress, anxiety, time management, friendship challenges, poor self-esteem and being highly self-critical are common matters that I hear about. Often, we can draw lines of connection between these feelings and their social media use.

Research carried out in the United States by Common Sense Media found that teenagers spend an average of 7 hours and 22 minutes on their phone each day. This screen time doesn't include any schoolwork or activities related to reading or listening to music

It's no secret social media has become an essential part of the average teenager's everyday life. Whether it's sharing photos on Instagram, messaging friends on Snapchat or choreographing a dance on TikTok, teens are enveloped by the online world of social media.

Full article here.

Hannah Johnson, Merici Counsellor

WHOLE SCHOOL ACTIVITIES

forward to seeing you there!

P&F Twilight Christmas Family Picnic (Friday 18 November 5:00pm)

Our P&F Committee is very excited to extend an invitation to all our Merici family and friends to attend the Merici College Twilight Christmas Family Picnic to be held on Friday 18 November from 5:00pm-8:00pm.

The picnic will be held in the indigenous garden and oval. Entertainment includes instrumental, vocal and dance performances, Pop-Up performances, co-curricular activities' information stalls, sport games, Christmas hamper raffles and lots more. The Canteen will be open for click and collect meals. Please access the online system here to order your dinner clicking into the specified date of service.

Online food orders close Wednesday 16 November. We look





INTER-HOUSE COMPETITIONS! Students, your chance to win House points! Join our inter-House Competitions:

- 1. Bring in items for our Christmas Hampers. We would welcome gift vouchers, goods, services, any items that can be added to hampers (such as products, jams, kitchen items, picnic, BBQ items, wine, chocolates etc.). Please label your donation with your name and House. Drop off items to the front office. Items will be counted in Houses groups and the House with the most donations wins House points.
- 2. Please support our raffles! Raffle tickets will be colour coded and at the end of the day, we will count up how many tickets each House sold with House points for the winning House.

For more information, please visit https://merici.news/event-created/pf-christmas-family-picnic.

Art Competition for 2023 School Planner Cover (closes Friday 25 November)

Great news! We are running a very exciting art competition for the design of the 2023 School Planner cover and would love to receive your design!

Your design needs to illustrate life at Merici College, embracing the College 2023 theme, COMMUNITAS.

Communitas is one of Merici's four Values and is the Latin word for Community.

"We are an inclusive community. Let the quality of our relationships be characterised by goodness, kindness, gentleness and attentiveness to the needs of every person" (Angela Merici's Counsels) [Extract from the Merici College Strategic Plan 2022-202].

What next?

Be creative!

You will need to produce an original piece of artwork.

Design your artwork in a 'portrait' format (not landscape). The school planner will be printed A5.

Your design must include the word COMMUNITAS. Our school crest, the IB logo and heading 2023 School Planner will be embedded into your design by our graphic designers.

Please email a high resolution, digital image of your finished artwork to ros.parisi@merici.act.edu.au. The image must be high resolution and of high quality to be printed and included in the final production of the planner.

Alternatively, you can submit your design on paper by dropping it off at the front office for the attention of Mrs Parisi.

Entries close Friday 25 November 3:00pm. Entries will be judged by members of the Leadership Team with one design being selected!

YEARS 7, 8, 9 NEWS

Year 7 Retreat (Monday 14 November)

Year 7 students will be attending their annual Spirituality Day on Monday 14 November 2022.

The Year 7 Spirituality Day is called "The Heart of Merici". It is a whole day event including a session facilitated by the Year 9 and 10 CSYMA classes, as part of their final assessment. The day will give students an opportunity to see how the Ursuline charism gives them a story to enter, a language to speak, a group to which to belong, a way to pray, a service to undertake and a face of God to see.

The Student Retreat Program at Merici allows students to reflect on their own lives and to develop an openness of heart. It is where our students can explore their deep feelings and it encourages them to be resilient, creative, cooperative, strong and compassionate; all of which contribute to people having a happy, healthy life. The day will also incorporate material based around our theme "Serviam," where the students will have the opportunity to reconcile with other students, repair friendships and focus on the qualities of servant leadership. The Spirituality Day will deepen the student's spiritual formation through a reflective program to seek to enhance the knowledge, skills, attitudes and spiritual awareness needed by students to understand themselves, their relationship with others and their relationship with God.

All students are required to attend this very important event. Students should wear their full school PE uniform. Any student who does not have a PE uniform must wear their full summer uniform. At the conclusion of PC time, all students will meet in the OYC. Students will need to supply their own recess, but lunch will be provided.

Year 7 Rescheduled Camp – Ningil, Penola and Tullow Houses (Wednesday 16 November – Friday 18 November)

Year 7 students will be attending a camp in Week 6 Wednesday 16 to Friday 18 November at The Greenhills Centre. The details are as follows:

Depart Wednesday: 9.00am for 9.30am departure. Students are to meet in the AUD

Return Friday: 3.00 pm. Arrival time will be advised on social media.

The Year 7 Camp is an excellent opportunity for students to develop relationships with their peers and enjoy diverse experiences outside of the formal school setting. It is expected that all students will attend the Camp. If your child is unable to attend, notification should have already been made to your daughter's House Coordinator. Please advise as soon as possible if this is not the case.

Please click <u>here</u> to find more information on the camp and the packing list.

YEARS 10, 11 AND 12 NEWS

Year 10-12 Exams BSSS

Exams for Years 10-12 will be held on the following dates:

- Year 10 Thursday 10 November 11 November
- Years 11 & 12 Monday 14 November Friday 18 November

Students have been emailed their individual exam timetable so that they are aware of what exams they have and when they will take place. Exams will take place in the Auditorium. Students with special considerations have been emailed about the location of their exams.

Students in Years 11 & 12 are only required to be at school when they have exams. Students should remain at home outside of their exams.

Year 10 Service Week (Monday 21 November-Friday 25 November)

We are continuing our Christian Service Learning Program this year with a Christian Service Week involving all Year 10 students from Monday 21 November to Friday 25 November 2022 inclusive. Students will be required to volunteer at various agencies throughout the Canberra region.

At Merici College, our community seeks to live according to the Christian ideals of St. Angela Merici. By making ourselves available to serve others, particularly those most in need, we can participate in creating a more just and compassionate society. During the Service Week, Year 10 students will have a unique opportunity to live out these ideals. Year 10 students will select their choice of agency. They will be expected to make a commitment of 25 hours to their choice of agency where the majority of their time is spent in direct contact with people in need. This is also an opportunity for the girls to develop their confidence and skills as a servant leader; displaying empathy and understanding to their broader community.

Please find here important information about the Program and Service Week.

Year 12 End of Year Academic Arrangements

The next few weeks are very important for our Year 12 students academically and with regard to the end of year celebrations. Please click <u>here</u> to find End of Year academic arrangements for Year 12 students.

Important information about upcoming events and arrangements can be found here.

Year 12 Graduation Day (Tuesday 29 November)

We are excited to announce that, for the first time at Merici, we have organised Year 12 Graduation events to be held on one day, Tuesday 29 November. Please find below the program of events:

Year 12 House Farewells - 10:00am (students only, to be held at the College)

<u>Year 12 Graduation Mass</u> – 1:30pm arrivals, 2:00pm Mass (students and family members, St Christopher's Cathedral, Cnr Canberra Avenue/Furneaux St, Forrest). Please note that there will be no certificates or awards will be presented to Year 12 students at the Mass. Please note that no bookings are required for your attendance at the Graduation Mass at St Christopher's Cathedral.

<u>Year 12 Graduation Dinner and Awards Ceremony</u> – 6:00pm to be held at Ainslie Football Club, Majura Room, 52 Wakefield Ave, Ainslie (students and parents only, unfortunately due to seating capacity at the venue, we are unable to invite other family members). Students are required to wear full school uniform. Certificates and awards will be presented to Year 12 students at the dinner.

Tickets for the Year 12 Graduation Dinner will be required to be purchased.

Cost: \$60 per person for students and parents (3 course meal, includes non-alcoholic beverages only)

Tickets: https://www.trybooking.com/CCOYC (Bookings close 18 November)

We look forward to celebrating the achievements of your daughter at the Dinner and Awards Ceremony.



Year 12 Formal (Friday 2 December)

The Principal and Staff of Merici College request the pleasure of your company to attend the Year 12 Formal on Friday 2 December 2022. The formal will be held at the National Museum of Australia, Lawson Crescent, Acton.

Ticket price: \$160pp (3 course meal and soft drinks)

Bookings: https://www.trybooking.com/CDTSY (close Friday 25 November)

This invitation is extended to Year 12 parents, as well as one accompanying guest per student.

Please note the following requirements:

- Arrival 6:00pm with doors opening at 6:30pm
- The Year 12 Group Photo will be taken at 7:00pm
- Students and partners must bring photo ID
- Students who arrive intoxicated or under the influence of alcohol will be sent home.

A cash bar will be available to purchase alcohol for persons over the age of 18. These students will be issued with a wristband by their House Coordinator upon entry. Students can purchase a maximum of one drink at a time, from the bar. Parents and teachers will be allowed to purchase two drinks at a time. This is strictly enforced by the venue coordinators.

House Coordinators will be organising seating arrangements in consultation with Year 12 students.

IB NEWS



Our Year 11 Diploma students welcomed prospective DP students from St Ursula's College in Sydney for a 'Try a Day' experience. St Ursula's students attended a Theory of Knowledge Lesson, as well as Chemistry, English Literature, and our special commissioning ceremony. Thank you to our Year 11 students and their teachers for making them feel welcomed to our community and making connections with other IB schools.

This is a list of some key dates for IB Year 11 students.

Event	Date	Information
Exam Week	Week 16	Students may wear casual clothes during this week. They do not need to attend classes and can attend school only for their scheduled exams. Students must be at school at least 10 minutes before the start time of the exam.
		Exam week schedule: https://drive.google.com/file/d/1ZeA9SBFzi4j0d4KwL6P8mciFCrivRPOH/view?usp=sharing
Psychology IA due	28 th Nov	Official Internal Assessment for Psychology due.
Group 4 Project	1 st Dec	Group 4 Project for all IB DP students all day. Students may attend wearing casual clothes and will be involved with a cross science project, a requirement of their science course. Students to attend PC as usual first.

TOK Exhibition	5 th Dec	Theory of Knowledge Exhibition – all DP students are involved in this. More details will be provided closer to the date.
Group 4 Project Evaluation	8 th Dec	Group 4 Project evaluation – more details on timings to come.
End of Term	9 th Dec	Last day for IB DP students



Middle Years Programme Information Session for Year 9 students (Thursday 17 November)

Year 10 is the final year of the IB Middle Years Programme (MYP) at Merici College. As a part of their final year, all students complete an independent inquiry into an area of passion, the Personal Project.

On Thursday 17th November 6-7pm, Year 9 Merici students and families are invited to attend an online information session, which will introduce the Personal Project, a unique and exciting part of the IB MYP. It is a core component of the MYP requirements and students completing the Personal Project receive official results for this from the IB with a formal transcript of their results.

It is important that both students and their families familiarise themselves with the Personal Project and its requirements as it is a student-led learning experience, supported by a teacher mentor and the MYP Facilitator.

We hope to see you all online and will also record the meeting for those not able to attend live.

Meeting link: Click here to join the meeting

CREATIVE AND PERFORMING ARTS NEWS

Showcase (Friday 25 November 5:00pm-8:00pm)

Our Semester 2 Arts Showcase, exhibiting works by Visual Arts, Music, Drama, Design and Graphics, Dance, Photography, Textiles and Media students, will be held in the auditorium at Merici College on Friday 25 November from 5:00pm – 8:00pm.

Refreshments will be available from 5pm for guests to enjoy whilst roaming the

MERICI COLLEGE SHOWCASE 2022

Dance|Photography|Visual Arts|Media| Design&Graphics|Music|Vocal|Drama| Textiles

Exhibition and Performancs

Friday 25 November 2022 Refreshments 5.00pm-5.45pm in the Auditorium Foys Showcase 6pm-8pm Auditorium

RSVP for Exhibition Opening

Trybooking: https://www.trybooking.com/CDRDP





gallery. Performances will commence at 6:00pm including a range of Dance, Music, Drama, Choir and Dance Troupe numbers. Bookings are essential and can be made via the following link: Trybooking: https://www.trybooking.com/CDRDP. Bookings close Friday 18 October 5:00pm.

We have encouraged all students to be proud of their efforts and have invited them to be involved in the evening either as an exhibitor, performer or backstage assistant.

The Showcase is an extremely worthwhile co-curricular experience. The students will be involved in rehearsing during the day on Friday. After school, students will be provided with some afternoon tea. We are estimating the show to conclude at 8:00pm, and students will need to be collected just after. If you agree to your daughter's involvement, please sign the permission note here. Of course, this is also a wonderful opportunity for parents to experience the very wide range of talent in the creative arts at Merici and you are warmly invited to attend.

Upcoming Dance Troupe Performances

Our Dance Troupe will be performing at the Little Burley Markets: Sunday 26 November 10:00am. Venue is in between the International Flag Display on Queen Elizabeth Terrace (The Little Burley Market is on google maps too) Parking: Questacon. We look forward to seeing you there!

SPORT NEWS

Swimming Carnival Results

This year's Swimming Carnival was held at Civic Pool on Monday 7 November, after postponement due to COVID restrictions in Term 1. Thankfully the weather Gods were on our side, and all enjoyed a beautiful day competing in races and/or having fun through involvement in a variety of novelty events. Congratulations to all students, there was certainly an abundance of community spirit, and everyone had an enjoyable day.

Championship Trophy

1st Tullow

2nd Penola

3rd Seiwa

House Spirit Award: Waiting on final results

Age Champions:

12yrs Champion: Ada Ciaccia

Runners Up: Isabel Harvey

13yrs: Champion: Tara Holmes

Runners Up: Milana Sadler-Pather

14yrs: Champion: Jorja Langi

Runners Up: Amelia Miller

15yrs Champion: Kendra Gordon

Runners Up: Evelyn Scott

16yrs Champion: Sean'hope Craig

Runners Up: Lily Nutt

Opens Champion: Zara Eglington

Runners Up: Charlotte Towler

MERICI MARLIN: Kendra Gordon (Penola)

DEFENCE NEWS

We have an Australian War Memorial WW1 Australian loan box on display outside the iC until Friday 18 November. Have a look at the new temporary display at military items preserved from this time.

Week 6

Monday 14 November 2023

Students who have volunteered to be a Defence Student Buddy in 2023 please meet Mrs Friend outside the gym at lunch for icy poles and with your ideas of what you'd like in a Defence Buddy.

If you will be in Year 10 or 11 in 2023 and would like to be a Defence Buddy, please email <u>Kate.friend@merici.act.edu.au</u>

Thursday 17 November

Defence Student drop in for a snack in Room 222 at lunch. All Defence Students are welcome to bring a friend!

Week 7

Thursday 24 November

Meet outside the gym at lunch for icy poles!

Families are always welcome to contact Mrs Friend with any questions or to update family deployment or posting information. <u>Kate.friend@merici.act.edu.au</u> or phone 02 6243 4190.

Please note that Mrs Friend works part time and am at Merici College on Mondays, Tuesdays, Thursdays and Fridays.

iC NEWS

Last Thursday, 3 November, Merici hosted the 2022 Girls Secondary Schools Chess Championship We had 13 chess players from Merici, and it is with great excitement to announce that we won. Merici finished on 20 points (from 28 games), ahead of Canberra Grammar School on 18, and Radford College on 15. The winning team members (Saffron Archer, Grace Barber, Mary David-Hoole and Hannah David-Hoole) are now invited to represent the ACT at the 2022 Australian Schools Teams Championship, in Cairns. Saffron achieved a perfect score on the day. Congratulations to all.

As we near the end of the term, the biggest task is going to be chasing textbooks and overdue library resources. This is especially true for the seniors and Year 10 students as they finish up very soon. This week students will be emailed a list of the textbooks they have out in their name. We are seeking your help and support to check all areas of the home, school bags and lockers to locate and return all school resources. Students can check their account by logging into Oliver through SEQTA.

Any problems please be in touch by email: library@merici.act.edu.au.

Yours in iC,

iC staff

SUSTAINABILITY NEWS

Sw(op) Shop

If you have been thinking of clearing out your wardrobe and adding a few extra pieces, the Sw(op) Shop is coming up in Term 4, Week 7.

We will be accepting donations of clean, re-usable clothing and accessories from Monday 7 November (Week 4). Look out for signage so that you know where to drop off your items.



OTHER NEWS

St Thomas the Apostle Fete (Saturday 12 November)

St Thomas the Apostle Fete is being held Sat 12th Nov. from 10am –3pm. There will be heaps of Rides, Food, Prizes & Treasures to buy. Plants, Cakes & Homemade. And of course our famous Pick a Prize with over \$6,000 worth of prizes. Come along & join the fun. FYI https://www.sttap.act.edu.au/fete or http://cg.org.au/kambah/home.aspx

Young Performers Friday Concert Series (Friday 2 December)

School of Music, ANU College of Arts and Social Sciences

Date: Friday 2 December

Time: 5:30 pm, 6:30 pm and 7:30 pm

Concerts for performers of all ages 6+ (including adults). Limit of five students

per studio/tutor. Various venues at the ANU School of Music

Applications close Wednesday 23 November. To apply please fill out the following form: https://anu.au1.qualtrics.com/ife/form/SV 3yCOjybIXoVeI2G

UPCOMING NEWS (Term 4 Weeks 8 and 9)

Upcoming events will be advised.

