

WHAT'S ON NEWSLETTER

Term 3 Weeks 6 and 7 (Monday 21 August – Sunday 7 September)

IMPORTANT INFORMATION

Term 3 School Fees

This is a friendly reminder that Term 3 school fees were due for payment Friday 11 August 2023.

If you haven't already done so we would appreciate if you could please settle any outstanding fees as soon as possible. This does not apply to those families who have direct debit arrangements in place.

If you did not receive your Term 3 fee statement, are experiencing any financial difficulties or would like to discuss your fee account please contact our Finance Manager Jodi Wrenford at fees.office@merici.act.edu.au or call 6243 4108 to discuss the options that are available to you.

WHOLE SCHOOL ACTIVITIES

P&F Committee Trivia Night – Thursday 7 September

Tickets on sale now for Trivia Night at https://events.humanitix.com/p-and-f-committee-trivia-night
A fun night of trivia! Great prizes, silent auction and raffles! Prizes include a laptop, electric Loft bike, gift vouchers, movie passes, dining vouchers, to name a few. All funds raised from the raffles will contribute to the cost of resurfacing of the external multipurpose courts.

Date: Thursday 7 September Venue: Merici College Auditorium

Time: 6:30pm-10:00pm (arrival and seating 6:00pm)

Cost: \$15 per person, \$120 table of 10.

BYO Drinks and Food Allocated seats apply.



COUNSELLORS CORNER

Headspace Workshops Feedback

Thank you to all the students, parents and carers who attended the Headspace Workshops over Monday 7 August and Tuesday 8 August – we have received a lot of positive feedback regarding the content and topics. We wish to bring further content, workshops and topics to the forefront of students, parents and carers to best support their mental health and wellbeing. Please click here to find the Headspace Welcome Book, which contains information about Headspace services, and when/how a student can access the services.

Parent/Carer Headspace Workshop Feedback

It would be great if any parent/carer who attended the workshop can complete the following survey via the link or QR code. Any parent who would like to provide feedback around topics they would like to see the counsellors tackle are also invited to complete the survey. https://forms.office.com/r/FrHkGWuwyE

DBT Skills Workshop by Canberra Child Psychiatry Centre

Canberra Child Psychiatry Centre are running a 6 week program on DBT Skills, Mindfulness & Distress Tolerance for teens and families in October. The workshop

starts on Wednesday 4 October from 4:30pm-6:30pm for 6 weeks. There is currently an early bird special price

of \$1,500 (normally \$2,000) please click <u>here</u> to find more

information.

Wellbeing Workshop presented by St John Paul II College

St John Paul College presents a wellbeing workshop for parents/carers and all teaching/support staff for Term 3, on Wednesday 23 August 6:00pm-7:30pm via Microsoft Teams – the topic will be consent and respectful relationships, it will be delivered by an external organisation and most of all – FREE! Please register to this event via the booking link or QR code.

Chelsea and Hannah, Merici School Counsellors

WELLBEING WORKSHOP Consent Microsoft Teams (online) Topic CONSENT LABS' WELLBEING WORKSHOP FOR PARENTS Date Wednesday 23 August 2023 Recognising & Responding to Securial Harasment and Harasment and Harasment and Harasment and Harasment in Microsoft Teams link go to Trybooking https://www.trybooking.com/CKMFI

YEARS 7, 8 AND 9 NEWS

Year 9 2024 Subject Selections

Please click <u>here</u> to find information on subject selections for Year 9 2024 students. Students are able to make their selections via the portal which closes Monday 21 August at 9:00am. All current Year 8 students have received via email a link directly to her school email address and the link is specific to each individual student.

Please discuss with your daughter choices for next year, so that she feels confident in her selections. It is a very exciting time for the girls, with many subjects on offer for them in 2024, including a brand new elective – Sport Science.

Year 10 2024 Subject Selections

Please click <u>here</u> to find information on subject selections for Year 10 2024 students. Students are able to make their selections via the portal which closes Wednesday 23 August at 9:00am. She will be emailed the link directly to her school email address and the link is specific to each individual student.

Please discuss with your daughter choices for next year, so that she feels confident in her selections. It is a very exciting time for the girls, with many subjects on offer for them in 2024.

YEARS 10, 11 AND 12 NEWS

Year 10 Social (Friday 15 September)

The Year 10 Social will be held on Friday 15 September at Merici College from 5:00pm to 9:00pm. The dress code is 'a little bit glamorous'. The occasion is not a Formal and there is no requirement for formal dress. We encourage students to avoid expensive trappings and to forgo expensive beauty and hair treatments. The aim of the night is to have a fun evening with friends.

Friday 15 September will be a normal school day for students. They are permitted to sign out at lunch time to go home and get ready, if they wish. Please note that attendance in the morning is compulsory. Students who do not attend school in the morning are unable to attend the Social.

The Social will be catered for and throughout the evening there will be a vast array of finger food served, both savoury and sweet and beverages.

Please click <u>here</u> to find the permission note for completion no later than Wednesday 13 September. The consent form is an online form and will be received electronically. You will receive an email to your nominated email address (entered on the permission note) to CONFIRM your online permission.



Tickets are \$60 each, which covers the cost of food and beverages, decorations, a photo booth and DJ. Please note that this event is for Year 10 Merici College students only. Bookings can be made here https://events.humanitix.com/year-10-social-iy001vr5. When completing the online booking, please indicate any special dietary requirements your daughter may have. Bookings close on Friday

8 September 2023.

Entry to the Social will be via the Auditorium foyer. Students will be admitted from 5:00pm and the doors will be closed at 5:30pm. All other entrances to the school will be locked for the duration of the event. Parents are expected to collect their daughters promptly at 9:00pm.

A secure bag area will be provided but no responsibility can be taken for lost valuables. Photos will be taken throughout the night and a link will be sent to your daughter so that she can access these.

If you have any questions about arrangements for the Social, please contact your daughter's relevant House Coordinator.

University of Canberra (UC) Creative Competition

Calling all ACT, NSW and QLD Year 11 and 12 students! The UC Creative Competition celebrates the creativity of Year 11 and 12 students from the ACT, NSW and QLD. Whether you submit a school project or your own personal work - this is your chance to show off your creative side, with major prizes to be won including study grants and cash.

Submission categories: Arts, Communication and Media, Creative Industries, Built Environment, Design



Want to find out more? Ready to submit? Click <u>here</u> for more information. Scan the QR code or head to <u>www.canberra.edu.au/uccreativecompetition</u>.





Key Dates

Year 12 Practice Exams: 21–29 August

Year 12 DP students have a full run through of their exam papers to help them focus their revision and get practice at a sustained exam period. The exam schedule has been sent to students. During this time students will not attend regular lessons, and only have to attend school for their exam session. Pamoja courses will not have their mock exams during this time as these will have been conducted already through Pamoja.

Students may wear casual dress for this exam period. Wednesday 30 August will be used for catch up tests in case of illness or misadventure.

Families will receive a copy of specific feedback about areas of strength and improvement in all papers they sit.

ic news

This week, we welcomed Katrina Nannestad for our Author Visit and Writers Workshop. Katrina shared her journey to be an author and the process she undertakes to create interesting characters.



The Book Week Committee has been working hard to prepare activities to celebrate Book Week in Week 6, 21-25 August, *Read, Grow, Inspire*. It is going to be a week-long celebration about books, illustrators, characters, and authors. Along with daily PC quizzes, the week's schedule looks like this:

Monday: Cake Decorating competition, students are invited to bring a pre-made, already decorated cake to enter the competition in the iC. Cakes can be donated, and we will cut them up. Slices can be purchased with a gold coin donation raising funds for Indigenous Literacy Foundation.

Tuesday: Scavenger Hunt in the iC

Wednesday: Trivia in Microsoft Teams in the iC at lunch

Thursday: Dress Up Parade at lunch, students are invited to come to school dressed up as their favourite **recognisable** book character or matching the theme. Normal free dress rules apply. Not in character? Full school uniform is required.

Friday: Celebratory cake to finish the week.

Yours in books

*i*C staff

DEFENCE NEWS

Families are always welcome to contact Kate Friend to update family deployment or posting information. <u>Kate.friend@merici.act.edu.au</u> or phone 02 6243 4190

Week Six

Tuesday 22 August – Defence Catch Up - Drop into Room 222 at lunch time for snacks and a relaxed catch up with Defence friends.

Thursday 24 August, Quiet Defence Meet - Defence students in Year 7 and 8 who would like a quieter meeting, come to the small group room in the iC at lunchtime. Lego creation and colouring in will be available, BYO lunch please remember canteen food is not permitted in the iC,

Week Seven

Tuesday 29 August - Defence Catch Up - Drop into Room 222 for a snack and relaxed catch up with Defence friends.

Week Nine – Wednesday 13 September - Year 12 Defence Students are invited to lunch in the Bridge Restaurant, please note another date change. Please RSVP to kate.friend@merici.act.edu.au

OTHER NEWS

Catholic School Parents Archdiocese of Canberra and Goulburn (CSPACG)



CSPACG are hosting a Family Event with Andrew Fuller on Tuesday 5 September at 6:00pm-7:30pm with guest speaker Andrew Fuller, Clinical Psychologist. This is a free event for parents and carers.

Please registration your attendance here.

Participants can either attend in-person at John Paul II College or watch the live stream.

For more information, please email parents@cg.catholic.edu.au.

Integral Ecology Pilgrimage - Let justice and peace flow

This invitation is for all people of good will and of all ages in parishes across the Archdiocese and in school communities (teachers, college students, parents, leaders and board members). We encourage diverse participation including:

- pastoral and evangelisation leaders taking the next growth step
- ecumenical and interfaith friends
- those wanting to find out more about Pope Francis' Laudato Si' teachings

Communities and organisations are encouraged to nominate at least two or more people to register for group participation.



Please note that you are invited to register for the whole program (all six sessions) at http://bit.ly/3rTieKp or at

(After registering and closer to the first gathering you will receive a Zoom link.)

When/Where: On Zoom - 6:30pm-8:30pm Thursday evenings

31-Aug-23 - Cry of the earth, Cry of the poor

7-Sep-23 – Ecological spirituality

14-Sep-23 – Ecological economics

21-Sep-23 – Ecological education

28-Sep-23 – Adoption of simple lifestyles

5-Oct-23 – Community resilience & empowerment

(Convened by ACU's Jacqui Rémond and Dr Megan Seneque.)

Participation in this pilgrimage will be recognized by ministries and agencies of the Archdiocese as a contribution to the requirement for professional development.

More information www.care4creation.org or LaudatoSiACT@gmail.com.

Futsal Mania in Term 4 2023

Expressions of interest are open for teams and individual players. For more information, please email futsalmaniansw@gmail.com.



