

### YEAR 7 REMOTE LEARNING TIMETABLE

Time	Activity		
7:30am	<ul> <li>Before School</li> <li>Have Breakfast!</li> <li>Be helpful: make your bed, put on some washing, clean up the kitchen, unpack the dishwasher, do other household chores as requested.</li> </ul>		
8:00am	<ul> <li>Prepare for the Day</li> <li>Get dressed – no pyjamas!</li> <li>Check your emails and read any Daily Notices.</li> <li>Ensure your laptop is charged, get all your equipment ready for the first lesson.</li> </ul>		
8:45am - 9:00am	Pastoral Care - Join your PC or House meeting via Teams on the days requ	ired on your timetable	
9:00am – 10:00am	<ul> <li>Session 1 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled– focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
10:00am – 11:00am	Morning Tea break – screen free time, get active if time		
11:00am – 12:00pm	<ul> <li>Session 2 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>	d participate	
12:00pm – 1:00pm	Lunch break – screen free time, get active if time		
1:00pm – 2:00pm	<ul> <li>Session 3 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> <li>Friday's - No session 3 - Long PC at 1:30pm - 2:00pm</li> </ul>	d participate	
After School	<ul> <li>School Work</li> <li>Complete any class work assigned by your teachers</li> <li>Continue to work on assessment tasks that are in progress</li> </ul>	<ul> <li>Be Active or Creative</li> <li>Go for a walk, run or some inside physical activity</li> <li>Do some: art, play music, bake, write creatively, play boardgames</li> </ul>	



# YEAR 7 TIMETABLE DETAILS WEEKLY SUBJECTS - TERM 2

Monday	Tuesday	Wednesday	Thursday	Friday
PC	PC	House Assemblies	PC	-
IH	Religion	IH	IMS	Health / PE
Textiles / Food Tech	Italian / French / Chinese	IMS	Performing Arts / Visual Arts	IH
IMS	Performing Arts / Visual Arts	Independent Study Lesson	Italian / French / Chinese	Long PC



### YEAR 8 REMOTE LEARNING TIMETABLE

Time	Activity		
7:30am	<ul> <li>Before School</li> <li>Have Breakfast!</li> <li>Be helpful: make your bed, put on some washing, clean up the kitchen, unpack the dishwasher, do other household chores as requested.</li> </ul>		
8:00am	<ul> <li>Prepare for the Day</li> <li>Get dressed – no pyjamas!</li> <li>Check your emails and read any Daily Notices.</li> <li>Ensure your laptop is charged, get all your equipment ready for the first lesson.</li> </ul>		
8:45am - 9:00am	Pastoral Care - Join your PC or House meeting via Teams on the days requ	uired on your timetable	
9:00am – 10:00am	Session 1 – teaching/learning  Join your class via video conference in Teams if scheduled– focus and participate  Complete any work assigned via email or Moodle  Submit all class work assigned via email or Moodle		
10:00am – 11:00am	Morning Tea break – screen free time, get active if time		
11:00am – 12:00pm	<ul> <li>Session 2 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
12:00pm – 1:00pm	Lunch break – screen free time, get active if time		
1:00pm – 2:00pm	<ul> <li>Session 3 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> <li>Friday's - No session 3 - Long PC at 1:30pm - 2:00pm</li> </ul>	d participate	
After School	<ul> <li>School Work</li> <li>Complete any class work assigned by your teachers</li> <li>Continue to work on assessment tasks that are in progress</li> </ul>	<ul> <li>Be Active or Creative</li> <li>Go for a walk, run or some inside physical activity</li> <li>Do some: art, play music, bake, write creatively, play boardgames</li> </ul>	



# YEAR 8 TIMETABLE DETAILS WEEKLY SUBJECTS - TERM 2

Monday	Tuesday	Wednesday	Thursday	Friday
PC	PC	House Assemblies	PC	-
Math	Science	Health / PE	Italian / French / Chinese	Science
Performing Arts / Visual Arts	History / Geography	English	Religion	English
Italian / French / Chinese	Textiles / Food Tech	Maths	History / Geography	Long PC



## YEAR 9 REMOTE LEARNING TIMETABLE

Time	Activity		
7:30am	<ul> <li>Before School</li> <li>Have Breakfast!</li> <li>Be helpful: make your bed, put on some washing, clean up the kitchen, unpack the dishwasher, do other household chores as requested.</li> </ul>		
8:00am	<ul> <li>Prepare for the day</li> <li>Get dressed – no pyjamas!</li> <li>Check your emails and read any Daily Notices.</li> <li>Ensure your laptop is charged, get all your equipment ready for the first lesson.</li> </ul>		
8:45am - 9:00am	Pastoral Care - Join your PC or House meeting via Teams on the days required on your timetable		
9:00am – 10:00am	<ul> <li>Session 1 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled– focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
10:00am – 11:00am	Morning Tea break – screen free time, get active if time		
11:00am – 12:00pm	<ul> <li>Session 2 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
12:00pm – 1:00pm	Lunch break – screen free time, get active if time		
1:00pm – 2:00pm	<ul> <li>Session 3 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> <li>Friday's - No session 3 - Long PC at 1:30pm - 2:00pm</li> </ul>		
After School	School Work  Complete any class work assigned by your teachers Continue to work on assessment tasks that are in progress  Be Active or Creative  Go for a walk, run or some inside physical activity  Do some: art, play music, bake, write creatively, play boardgames		



# YEAR 9 TIMETABLE DETAILS

WEEKLY SUBJECTS – TERM 2

Monday	Tuesday	Wednesday	Thursday	Friday
PC	PC	House Assemblies	PC	-
Health / PE	History / Geography / Civics / Economics	Science	English	Elective 1
Religion	Maths	Elective 3	History / Geography / Civics / Economics	Elective 2
Science	English	Independent Study Time	Maths	Long PC



Elective 1	Elective 2	Elective 3
Dance (class 1)	Art	Italian (class 2)
Engineering	Chinese	Textiles
Food Tech	Drama	Media (Mr Reynolds)
Media (Mr Reynolds)	IT	Dance (class 2)
Music	Sustainability	French
Italian (class 1)	Media (Ms MacCormick)	History of Big Ideas
		Hospitality

## YEAR 10 REMOTE LEARNING TIMETABLE

Time	Activity		
7:30am	<ul> <li>Before School</li> <li>Have Breakfast!</li> <li>Be helpful: make your bed, put on some washing, clean up the kitchen, unpack the dishwasher, do other household chores as requested.</li> </ul>		
8:00am	<ul> <li>Prepare for the Day</li> <li>Get dressed – no pyjamas!</li> <li>Check your emails and read any Daily Notices.</li> <li>Ensure your laptop is charged, get all your equipment ready for the first lesson.</li> </ul>		
8:45am - 9:00am	Pastoral Care - Join your PC or House meeting via Teams on the days requ	ired on your timetable	
9:00am – 10:00am	<ul> <li>Session 1 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled– focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
10:00am – 11:00am	Morning Tea break – screen free time, get active if time		
11:00am – 12:00pm	<ul> <li>Session 2 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
12:00pm – 1:00pm	Lunch break – screen free time, get active if time		
1:00pm – 2:00pm	<ul> <li>Session 3 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> <li>Friday's - No session 3 - Long PC at 1:30pm - 2:00pm</li> </ul>		
After School	<ul> <li>School Work</li> <li>Complete any class work assigned by your teachers</li> <li>Continue to work on assessment tasks that are in progress</li> </ul>	<ul> <li>Be Active or Creative</li> <li>Go for a walk, run or some inside physical activity</li> <li>Do some: art, play music, bake, write creatively, play boardgames</li> </ul>	



## YEAR 10 TIMETABLE DETAILS

WEEKLY SUBJECTS – TERM 2

Monday	Tuesday	Wednesday	Thursday	Friday
PC	PC	House Assemblies	PC	-
Religion	Maths	English	History / Geography / Civics / Economics	Elective 1
English	Science	Elective 3	Maths	Elective 2
History / Geography / Civics / Economics	Health / PE	Independent Study Time	Science	Long PC



Elective 1	Elective 2	Elective 3
Art (Ms MacCormick)	Business Admin (Mrs Fothergill)	Art (Mrs Igoe-Taylor)
Dance (class 1)	Creative Voices	Business Admin (Mrs McDonnell)
Engineering	Drama	Chinese
Media (Mr Reynolds)	IT	Dance (class 2)
Music	Italian	French
Sport & Rec (Mrs Kennedy)	Media (Ms MacCormick)	History of Big Ideas
Textiles	Sport & Rec (Mrs Wood)	Hospitality
		Media (Mr Reynolds)
		Sustainability

# YEAR 11/12 REMOTE LEARNING TIMETABLE

Time	Activity		
7:30am	<ul> <li>Before School</li> <li>Have Breakfast!</li> <li>Be helpful: make your bed, put on some washing, clean up the kitchen, unpack the dishwasher, do other household chores as requested.</li> </ul>		
8:00am	<ul> <li>Prepare for the Day</li> <li>Get dressed – no pyjamas!</li> <li>Check your emails and read any Daily Notices.</li> <li>Ensure your laptop is charged, get all your equipment ready for the first lesson.</li> </ul>		
8:45am - 9:00am	Pastoral Care - Join your PC or House meeting via Teams on the days required on your timetable		
10:00am – 11:00am	<ul> <li>Session 1 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled– focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
11:00am – 12:00pm	Morning Tea break – screen free time, get active if time		
12:00pm – 1:00pm	<ul> <li>Session 2 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> </ul>		
1:00pm – 2:00pm	Lunch break – screen free time, get active if time		
2:00pm – 3:00pm	<ul> <li>Session 3 – teaching/learning</li> <li>Join your class via video conference in Teams if scheduled – focus and participate</li> <li>Complete any work assigned via email or Moodle</li> <li>Submit all class work assigned via email or Moodle</li> <li>Friday's - No session 3 - Long PC at 1:30pm - 2:00pm</li> </ul>		
After School	School Work  Complete any class work assigned by your teachers Continue to work on assessment tasks that are in progress  Be Active or Creative Go for a walk, run or some inside physical activity Do some: art, play music, bake, write creatively, play boardgames		



### YEAR 11/12 TIMETABLE DETAILS

#### WEEKLY SUBJECTS - TERM 2

Monday	Tuesday	Wednesday	Thursday	Friday
PC	PC	House Assemblies	PC	-
Line 1	Line 4	Line 7	Line 3	Line 6
Line 2	Line 5	Line 1	Line 4	Line 7
Line 3	Line 6	Line 2	Line 5	Long PC



#### Line 1

Ancient History A/T
Design & Graphics A/T
Chemistry T Y11
French Beginning A/T
French Continuing T
Legal Studies A/T

Religious Studies A/M/T Y12

Sociology A/T

English T Y12

Essential Maths Y11

Mathematical Applications Y11

#### Line 2

Music A/T

English T Y12

Human Biology A/T

Specialist Mathematics Y11

Religious Studies A/T Y12

English TY11

Essential Mathematics A Y12

Photography A/T

World Religions/Theory of Knowledge

#### Line 3

Earth Science A/T

Literature Y11

Essential English A Y11

English TY12

Essential English A/M Y12

Mathematical Methods T Y11

Specialist Methods Y11

Chemistry T Y12

Religious Studies A/T Y11

English T Y11

Exercise Science A/T Y12

#### Line 4

Business St A/T

Hospitality A Y11

Dance St A/T

Religious Studies A/T Y12

Mathematical Applications T Y12

Mathematical Methods TY12

Mathematical Applications T Y11

Mathematical Methods T Y11

Specialist Methods Y12

Religious Studies A/T Y11

#### Line 5

Chemistry T Y11

Fashion A/T

Spanish A/T

Human Biology A/T

Media A/T

Modern History A/T

Psychology A/T

Sport Fitness & Administration A

Mathematical Applications T Y12

Mathematical Methods T Y12

Physics T Y12

#### Line 6

Biology A/T

Business St A/T

Italian Continuing A/T

Italian Beginning T

Exercise Science Y11

Psychology A/T

Religious Studies A/T Y12

Life Leisure and Learning M

Literature T Y12

Physics Y11

Religious Studies A/T Y11

#### Line 7

Art A/T

English T Y11

Bus Admin A

Biology A/T

Beginning Chinese T

Continuing Chinese T

Drama A/T

Legal Studies A/T

Modern History A/T

Religious Studies A/T Y11

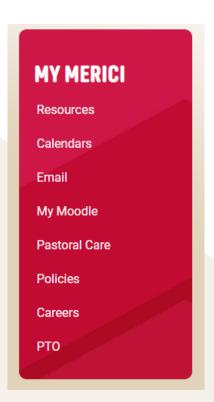
Hospitality A Y12

## REMOTE LEARNING AT MERICI

The Learning Program will provide opportunities for students to:

- Focus on Continuity of Learning
- Apply their Knowledge
- Practise Skills
- Complete take home Assessments
- Be involved in Religious Education and the Pastoral Care Program. These will play an important role in learning.

Our main platforms of use are: Merici Email, Moodle and Microsoft Teams but are not limited to these.





# MENTAL HEALTH AND WELLBEING

# Some Tips for Parent

- Have a designated learning space for your daughter and family members.
- 2. Establish a routine.
- 3. Keep in touch with your daughter's teachers via email.
- 4. Ask your daughter about how she is going acknowledge fears and anxieties, encourage communication.
- 5. Follow healthy eating habits healthy snacks, water, fresh air and exercise.
- 6. Monitor your daughter's internet use.

Your daughter's Mental Health and Wellbeing is **more important** than the stress of remote learning. You can only do what you can do. Contact her PC Teacher and House Coordinator with any pastoral concerns.



### 24/7 Mental Health Services

#### **Beyond Blue**

Anyone feeling anxious or depressed

- beyondblue.org.au
- 1300 22 4636

#### Kids Helpline

Counselling for young people aged 5 to 25

- kidshelpline.com.au
- 1800 55 1800

#### MensLine Australia

Men with emotional or relationship concerns

- mensline.org.au
- 1300 78 99 78

#### **Open Arms**

Veterans and families counselling

- openarms.gov.au
- 1800 011 046

#### Lifeline

Anyone having a personal crisis

- lifeline.org.au
- ( 13 11 14

#### Suicide Call Back Service

Anyone thinking about suicide

- suicidecallbackservice.org.au
- 1300 659 467



Is it an emergency?

If you or someone you know is at immediate risk of harm, call **triple zero (000)** 



# COMMUNICATION





This pandemic experience is a massive experiment in collective vulnerability. We can be our worst selves when we're afraid, or our very best, bravest selves. In the context of fear and vulnerability, there is often very little in between because when we are uncertain and afraid our default is self-protection. We don't have to be scary when we're scared. Let's choose awkward, brave, and kind. And let's choose each other.



- Emails &
- Social Media







IN CASE OF AN EMERGENCY MRS WHOLLEY CAN BE CONTACTED ON - 0409 482 483



# #MERICIPRIDE #BUILDINGFUTURES



Wishing you all the best,

Mrs Wholley

